



Jawaharlal New Delhi Stadium, New Delhi

NCOE's Wrestling Selection Trials- All Venues

List of NCOEs & Sanctioned Events of Athletics Discipline					Assessment Date
Sl.	Name of NCOE	Tops/ Non-Tops	Residential/ Non-Residential	Sanctioned Events	
1	NCOE, Sonipat	TOPS	Residential (Boys)	Free Style & Greco Roman (Men)	14 th -16 th Feb 2022
2	NCOE, Lucknow	TOPS	Residential (Girls)	Women Wrestling	16 th -17 th Feb 2022
3	NCOE, Mumbai	NON-TOPS	Residential (Boys & Girls)	Free Style & Greco Roman (Men) & Women Wrestling	16 th -18 th Feb 2022

Documents Required

Sl#	Documents to be produced at the time of selection trials. (In original & self-attested photo copies)
1	Date of Birth Certificate
2	Aadhar Card
3	Sports Achievement Certificates
4	Educational Qualification Certificate
5	Passport Size Photographs (4Nos)

NCOE Selection Criteria

Facilities to be Provided in NCOEs

Age Criteria	Sports Performance Criteria (between 2018 to 2022)
Age as on 01/03/2022 (between 13 to 17 years (18 years in exceptional)	<ul style="list-style-type: none">- Represented India in recognized championship/up to 10th place in Under 15 & under 17 (CADET) National championship organized by WFI or Representation in Competition org.by UWW- 5th place in Khelo India Youth Games, SGFI & up to 3rd place in State Championship.

Boarding	As per actual recommended by Nutrition Expert @ Rs. 1,20,000/year	Additional facilities
Lodging	Rs. 10,000/-	World Class Coaching by Expert Panel of Coaches
Sports Kit	Rs. 20,000/-	World Class Training Infrastructure & Equipment's
Competition Exposure	Rs. 50,000/-	Individually Planned Nutrition
Education Expenditure	Rs. 10,000/-	Latest Scientific support by Exercise Physiologist, Strength & Conditioning Experts, Physiotherapist, Masseurs
Miscellaneous	Rs. 5,000/-	Free Medical facilities, Insurance Cover etc.

The centralized and systematic admission process has been devised for NCOE to ensure most deserving candidates get admitted through a fair selection process. In the transition year of 2022, following admission guidelines will be followed: –

Note:

In addition to the mentioned performance criteria, it may be noted that, above criteria is for appearing in **Selection Trials Only. The final selection will be made on the basis of **Overall Merit, Availability of Seats and Age Verification Tests as per SAI guidelines**.**

NCOE Selection Trial Schedule

Testing Schedule	
Day-1	Registration – 7a.m. to 8.30 a.m. Game Specific test – 10.30 a.m. onwards <ul style="list-style-type: none">• Uninterrupted bouts• Technique Demonstration• Duck & jump – 1min
Day-2	Field test <ul style="list-style-type: none">• Beep Test – 10am onwards• 30mts flying start• Shuttle Run (6*10)• Chinups